



Your Ethical Shopping Guide

From



Make a Difference...when you spend your pennies

Local (Food)

- *Sisters Against Plastic Buying Group* – find them on Facebook to buy food in bulk with other local residents
- *Lichfield Pantry* – The Plantpot Garden Centre, Stafford Road. Bring your own containers to re-stock your pantry. Refills also available for cleaning supplies and toiletries etc
- *Mercia Food Hub* – online farmer's market with a collection point at Advantage House, Stowe – www.openfoodnetwork.org.uk
- *Yum in Tum* – Birmingham based vegan sweets <https://yumintum.co.uk>
- *Clean Kilo* – Largest Package free supermarket in the UK, Digbeth –Clean Kilo also supply the Mercia Food Hub
- Take your own bread bags or containers to *Hindley's* and *Bore Street Bakery* for fresh bread and cakes without the packaging
- *Riley's Greengrocers* – loose fruit and veg can be placed in your own bags, and milk and orange juice available in glass bottles that you can return to store for reuse
- *Lichfield Market Greengrocers* (Tuesday / Friday / Saturday) – loose fruit and veg can be placed in your own bags. Often have locally grown vegetables that are clearly labelled.
- Vegetable boxes delivered to your door – *My Village Green, Riverford and Woodhouse Farm and Garden*

Local (Other)

- *Saxon Hill Craft Barn* – arts and crafts store with recycling at its heart www.saxonhillcraftbarn.co.uk
- *Nappy Library* – follow Spark Burntwood on Facebook
- *Lottie's Eco* – Worcester. Bamboo clothing made in the UK
- *Support your local Charity shops*
- *Newlife, Cannock*

Online

All under one roof

- www.boobalou.co.uk
- www.ethicalsuperstore.com
- www.anythingbutplastic.co.uk
- www.kickplastic.co.uk
- www.peacewiththewild.co.uk
- www.ebay.co.uk
- Facebook marketplace
- www.gumtree.com
- www.freecycle.org
- www.preloved.co.uk
- <https://andkeep.com>

Wardrobe essentials

- www.cheekywipes.co.uk – period pants and reusable baby wipes
- <https://laraintimates.com> – bras and lingerie made with offcuts from the fashion industry
- <https://kinkyknickersuk.com> – handmade, UK based underwear
- <https://naja.co> – ethical, handmade and fairtrade underwear
- <https://jolliesocks.com> – buy a pair of socks, give a pair of socks

Toiletries / bathroom

- www.lush.co.uk – package free toiletries and cosmetics
- Cheeky Panda toilet paper – sustainable bamboo loo roll. Available online or at your local Oxfam
- www.greencane.com – package free bamboo and sugarcane loo roll
- <https://uk.whogivesacrap.org> – bamboo and recycled loo roll wrapped in paper
- <https://allnaturalsoap.co.uk>

Miscellaneous

- <https://triapress.com> – eco-friendly notebooks and art prints
- <https://pelacase.com> – 100% compostable and eco-friendly phone cases
- www.sea2see.org – spectacle frames made from recycled ocean plastic
- www.tea-mandala.co.uk – loose leaf teas and herbal infusions
- www.consciouscandy.co.uk – vegan pick & mix sweets
- <https://rubbabu.com> – eco-friendly sensory toys for babies and children
- www.yarnyarn.co.uk – organic and ethical hand spun yarns

- <https://therecycledcandlecompany.co.uk> - handmade UK candles using recycled wax
- www.rapanuiclothing.com -sustainable fashion designed on the Isle of Wight
- www.toms.co.uk - buy a pair of shoes, give a pair of shoes
- <https://rubiesintherubble.com> - delicious condiments from surplus ingredients
- www.toogoodtogo.co.uk - rescue delicious food at great prices
- www.ecostardust.com - plant based bio glitter
- www.usedkitchenexchange.co.uk/buyorsell - buy or sell a used kitchen
- www.depop.com and www.shpock.com - buy and sell clothing, shoes and accessories
- <https://olioex.com> - connects neighbours with local shops to prevent waste food and other items
- www.terracycle.co.uk - national recycling solutions for hard to recycle items
- www.bellesandbabes.co.uk - rent bundles of quality, organic baby clothing at affordable prices
- www.hirestreet.co.uk - hire your holiday clothes

Let us know if you know any more to add to the list!